

# Natoaganeg School

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Eel Ground N.B.  
E1V-4G1

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**Keptekewiku's**

**November**

**2019**

## **NEWSLETTER**

Dear Parents and Guardians:

Please read through the newsletter and see the attached calendar to be informed of upcoming events and important dates at our school.

### **Kelulk Mijipjewey – We Eat Good Food**

At Natoaganeg School we do our best to impart a message to the students that promotes healthy foods and healthy food choices.

One way we do this is by providing the children with a healthy and nutritious breakfast, mid-morning snack and lunch each day.

If children bring a snack or lunch from home, they should come prepared with a healthy choice that is low in sugar and sodium.

Some examples of an appropriate snack are:

applesauce, fruits, veggies, cereal bar, granola, yogurt, cheese, crackers.

*Sugary snacks like chocolate, juice, chips and cakes should not be brought to school.*

Visit our website for photos and recipes!

[www.eelgroundschool.ca](http://www.eelgroundschool.ca)

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We would like to say wela'lioq to Piel Ward for donating moose meat to our lunch program.

### **Dates to Remember**

**Nov.7 Remembrance Day Ceremony**

**Nov.8 PD Day**

**Nov.11 Remembrance Day – All schools closed**

**Nov.13 Cookie Dough orders and payment due**

**Nov.25 Skating 10:30 – 11:50**

**Nov.29 Parent Teacher Day – No school for students**

**November 30 Breakfast with Santa**

# Mi'kmaq Monday

An initiative we have been doing in our school is Mi'kmaq Monday.

Every Monday we will have a smudge in the drum of the school to start the week and encourage students and staff to wear something of cultural importance to them such as braided hair, beaded items, culturally positive clothing, moccasins, etc.

We want our students to reclaim their cultural identity and we are looking forward to implementing any other cultural initiatives or ideas they have!

On Mi'kmaq Monday's we also will be using traditional foods on our menu (moose, fish, fiddleheads, berries etc.)

**Looking for a hearty meal to cook for your family? Try this recipe.**

## MOOSE STEW

1 lb. moose stew meat, trimmed and cut into cubes

3 tbsp. oil

1 med. onion, chopped

1 (16 oz.) can stewed tomatoes

1 soup can water

1 tsp. paprika

1 clove garlic, crushed

4 med. potatoes, diced

6 med. carrots, sliced

1 can tomato soup 1 tsp. basil

1 tsp. pepper

Brown meat in hot oil. Place in crock pot. Add remaining ingredients and cook on low for 7 hours.

## Mi'kmaq word of the day

**Tallukwen**  
(Dull-lou-goo-en)

**What are you doing?**

**Wen u't**  
(When oo-t)  
**Who is this?**

**Wela'lin**  
(Well-ah-lin)  
**Thank you (to one person)**

**Wela'lioq**  
(Well-ah-lee-ook)  
**Thank You (from a group of people)**

**Wela'liek**  
(well-ah-lee-ek)  
**Thank you (to a group of people)**

## Attendance Policy

**School attendance is taken at 9 a.m. Your child is late at 9:01 a.m. Breakfast is served from 8:40 – 9 am. Walkers should arrive as close to 8:40 am as possible (especially if they are eating breakfast).**

**All students being dropped off after 9:01 am must arrive through the main doors of the building. Parents please walk your child into school and sign the late form.**

## NEKAW NAQSI P+SIN

### **We're always at school Perfect Attendance Program**

The goal is to promote attendance at school, encourage punctuality, and discourage tardiness. Every day that a class has perfect attendance they will receive a letter from the phrase

### **NEKAW NAQSI P+SIN**

The first class to spell out this phrase will receive a surprise at the end of the week in which they won.

## Paths® in our School

Solving problems is hard for children. Solving problems as a group is a skill that our students work on during PATHS® time. We learn to identify the problem and write it down. We talk about how we feel about the problem. Then, we brainstorm as many solutions to the problem as we can. We act out the best choices to see how they might work. Next, we choose the best solution and all agree to try it for a few days. We agree to come back and see if we have solved the problem or if it is still happening. If we still have a problem, we try these steps again. We keep trying to solve problems as a group, because we care about each other and work together to be a successful school! You can try this way to solve family problems too. Together is better!

## PERFECT ATTENDANCE DRAW

Every month students with perfect attendance get their names out into a draw for a gift card.

Congratulations to our perfect attendance winners for October :

Noah  
Brooklyn

On November 5<sup>th</sup> Science East will be visiting our school and setting up a planetarium for K4-to grade 8. This should be a fun and informative presentation for all.

## *A Day of Remembrance*

**Please join us on Thursday, November 7<sup>th</sup> from 10:30am to 11:30 am for our Remembrance Day Ceremony.**

**This event is open to the community and everyone is welcome.**

**There will be a light lunch served for those who are in attendance.**

### Attention Parents

As an effort to promote more Parent/School communication we are asking Parent's/Guardians to initiate contact with their child's classroom teacher at least three times per month, you will have your name put in a draw for a \$50 Gift card. There will be one draw for each group.

K4 - Grade 2

Grade 3 – Grade 5

Grade 6 - 8

Whether you want to check in on how your child is doing, have a question for the Teacher or want to bring something to the Teachers attention. We want to hear from you.

### Picture retakes

Picture retakes will be on Wednesday, November 27<sup>th</sup> .

### Parent Teacher Day

Friday, November 29<sup>th</sup> is Parent Teacher Day. Parents are encouraged to come meet with Teachers.

Teachers will be available from 9-12 and 1-3pm. If these times are not convenient for you, please feel free to contact your child's teacher to arrange an alternate time.



## Important Reminders



\*Parents of K4 to Grade 2 students:

If your child is taking the bus please remember that the student must be accompanied to and from the bus stop. Even if the bus stop is at the end of your driveway. A parent or guardian must be visible to the bus driver when students are being dropped off at the end of the day. For safety reasons small children should not be left unattended at the bus stops.

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It is important that the school has the most up to date phone numbers for our students.

If you have changed your phone number or the emergency contacts have changed, please notify the school of these changes.

**The mornings are getting colder and children go outside for lunch recess.**

**Please ensure your child is dressed for the weather.**

### Cookie dough fundraiser!

Until November 13<sup>th</sup> students will be selling frozen cookie dough as a fundraiser for our school. This fundraiser will help with afterschool sports costs and end of the year class trips. A 3lb tub of cookie dough will be \$12. Please note that all the cookie dough is peanut and nut free.

The order should be delivered to the school by November 29<sup>th</sup>, so there will be plenty of time to start Christmas baking!!

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### SUCCESSFUL NEWSLETTER DELIVERY BALLOT

Sign below to indicate that your son/daughter has delivered to you this month's newsletter. Have your child return this ballot to the ballot box located at the school office **by Friday, November 22 2019**.

At the end of the month a draw will be made for a gift certificate from all the ballots that are returned.

**Winner for October: Kylan**

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Parents Signature

Child's name

Grade

## **Natoaganeg School Mission Statement**

**Natoaganeg School strives  
to have students prepared  
with necessary skills to  
become responsible and  
successful lifelong learners.**

**To create a positive learning environment  
that will inspire ALL to believe in developing to their full potential.**

**MOTTO: When you believe,**

**You will achieve.**



Natoaganeg Home and school sells popcorn every Friday for \$1

### **Breakfast with Santa**

Join us for Breakfast with Santa Saturday, November 30th  
9-11AM

Photos with Santa \$5

Breakfast \$5 per plate

Admission includes: Breakfast, hot cocoa stand, door prize draw entry

There will also be a Christmas market in the front lobby of the school.

**Follow us and keep up to date on events at our school**

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[Website](#)

Eelgroundschool.ca