

# Natoaganeg School

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Eel Ground N.B.

E1V-4G1

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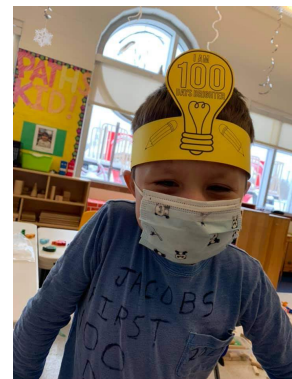
## Dear Parents/Guardians:

Welcome back! We hope everyone enjoyed their March Break.

Parent Teacher that was scheduled for the end of this month will be changed. We will post a new date on our Facebook page later this week.

As per Community Directives, we will be continuing our 4 day weeks until the end of March.

Also note that although the Province has moved to the Yellow Phase, we will be continuing our screening procedures such as taking temperatures, separating our lunch hour within class bubbles and wearing masks when outside of the classroom/ switching classes. Students can remove their mask when they are in the classroom.



## PBIS (Positive Behaviour Intervention System)

We have now purchased a PBIS Digital Reward Program that we will provide more information in the upcoming weeks. In our school we use the acronym S.O.A.R. to describe our expectations.

S - Self Control

O - On Task

A - Achievement

R - Respect

We work with students to discuss what each term means and looks like in and out of the classroom environment.

There is a link on the schools Facebook page for Parents if they would like to know what the Rewards System looks like.

## Kelulk Mijipjewey – We Eat Good

### Food

At Natoaganeg School we do our best to impart a message to the students that promotes healthy foods and healthy food choices.

One way we do this is by providing the children with a healthy and nutritious breakfast, mid-morning snack and lunch each day.

If children bring a snack or lunch from home, they should come prepared with a healthy choice that is low in sugar and sodium.

Some examples of an appropriate snack are:

applesauce, fruits, veggies, cereal bar, granola, yogurt, cheese, crackers.

Sugary snacks like chocolate, juice, chips and cakes should not be brought to school.

Visit our website for photos and recipes!

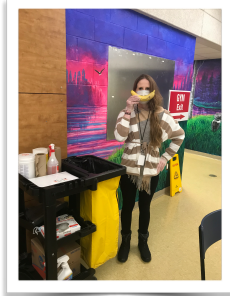
[www.eelgroundschool.ca](http://www.eelgroundschool.ca)

## PATHS IN OUR SCHOOL

All feelings are OK! It is what we do with those feelings that can be good or bad. Uncomfortable feelings like sad, mad, frustrated, disappointed, scared are things that we sometimes feel. The important thing is to help our students choose positive ways to express or show their feelings.

Positive ways to express uncomfortable feelings might be to talk to someone, take deep breaths to calm down, take a break from the situation, ask for help... In our PATHS lessons and throughout the day, we talk about how to handle uncomfortable feelings by using the control signals poster. Ask your child to show you the three steps of Red, Yellow and Green!

# Suicide Awareness/ Yellow T shirt Day



Here's a few photos of some students that participated in Anti-Bullying Day/Pink T-Shirt Day.



# Mi'kmaq word of the day

**Tali piji smatesk**

**How long will I have to wait?**

Ma pje'tnuk

Not long

**Ta'si'jik?**

**How many are there?**

**Wenewey?**

**Whose are these?**

## **SUCCESSFUL NEWSLETTER DELIVERY BALLOT**

Sign below to indicate that your son/daughter has delivered to you this month's newsletter. Have your child return this ballot to the ballot box located at the school office by [Monday, March 29th](#). At the end of the month a draw will be made for a gift card from all the ballots that are returned.

February winner: Chestin Millea

\_\_\_\_\_  
**Parents Signature**

\_\_\_\_\_  
**Childs name**

\_\_\_\_\_  
**Class**

## **Natoaganeg School Mission Statement:**

Natoaganeg School strives  
to have students prepared  
with necessary skills to  
become responsible and  
successful lifelong learners.

To create a positive learning  
environment

that will inspire ALL to believe in  
developing to their full potential.

MOTTO: When you Believe,  
You will Achieve!

Follow us: Website: [eelgroundschool.ca](http://eelgroundschool.ca)

Facebook page/group: [Natoaganeg School](#)