

ABOUT OUR CLASSROOM

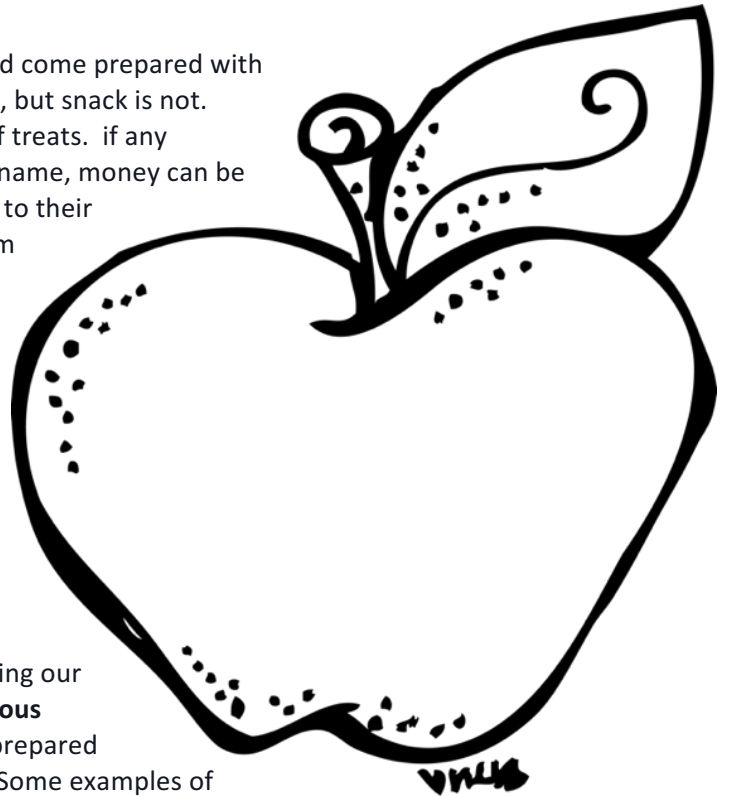
In the **upcoming weeks of school**, we are going to work hard at getting **settled** into our daily routine and **dive** into learning. To help you feel comfortable and **prepared** for school every day, here are a few important things you should know about your school and classroom.

Food

Every day, recess is at 10:10am and the **children** should come prepared with their own **snack**. Breakfast is **provided** in the morning, but snack is not. There is a **Goody Cart** available with a nice selection of treats. If any parents would like to credit money to their little ones name, money can be left in their daily folder for Goody Cart and I will add it to their bank. The Goody Cart **prices** are: **\$1.00** for a food item and **\$0.50** for a chocolate milk.

K4 student's will have a **daily snack time at 9:45am** and potentially again in the afternoon as we begin to spend more and more time outdoors. Please pack your child a nutritious and hearty snack to help fuel them throughout their day.

You should also know that at Natoaganeg School we live by the **Healthy Bodies, Healthy Minds, Healthy Spirits philosophy** and we do our best to impart this message to the students. One way we do this is by doing our best to provide the children with a **healthy and nutritious** breakfast and lunch each day. Children should come prepared with a healthy snack that is **low** in sugar and sodium. Some examples of an **appropriate** snack are: applesauce, fruits and veggies, a cereal bar, granola, yogurt, cheese, milk (white or chocolate), crackers, blueberry muffin or banana bread.



Outdoor Classroom

This year at Natoaganeg School, the K4 program will be taking its learning outdoors. Just outside our classroom is a newly created outdoor play space that the children will have access to daily. To the right of the school, in a wooded area just off of the staff parking lot is a secondary play space that the children will frequent and explore (supervised). The mission of outdoor education as defined by the Forest School Canada is to “foster rich learning experiences, ecological literacy, and healthy living by connecting children to nature . . .” Student's entering the K4 program in the 2017-2018 school year will be the first class to utilize these play spaces and take advantage of this new and exciting learning opportunity.

Dress/Attire

It is very **important** that the children come to school dressed appropriately for the weather and the daily activities in their schedule – both indoor and outdoor play.

When indoors, all students are expected to have an indoor pair of shoes to change into when they arrive. Every day at 10:30, K4 students will have phys. ed., so indoor shoes that are comfy, secure, and safe for running and rigorous play would be most helpful – preferably sneakers. Ballet slippers, moccasins, Crocs, sandals, boots, or flats **are not proper footwear for the gym**.

When outdoors, students must wear closed-toe shoes, long sleeves, and pants at all times, including in the spring and fall. The clothing we wear must help protect us from sun burns, bug bites, cuts, and scrapes, as we run, jump, roll, and play in nature.

Overtime, we will begin going outdoors more frequently – rain or shine – and children will need to be prepared with proper wet and cold gear. For example, splash pants and rain coat in the spring and fall and a warm winter jacket, snow pants, hat, mittens, and boots in the winter. **Equally of importance, students will also need to come to school daily with a change of clothes in the event that they get wet or dirty.** Change of clothes can be packed in a large Ziploc bag and left in their pack backs at the ready or can be safely stored in the classroom. Please include a full outfit – shirt, pants, underwear, and socks.

Daily Schedule

This year the K4 program will be a **full day of school**, 8:30am to 2:00pm, Monday to Friday. Those who ride the bus will be dropped off at home and remaining students will meet their families outside in the school bus zone at 2:00pm.

Up-to-date Vaccination

Lastly, front office has requested that all parents provide a copy of an **up-to-date** vaccination card to add to all student files.

If there are any questions concerning the information above or anything not mentioned, please do not hesitate to ask. I can always be reached daily at school or by e-mail at: Alisha.sweezey@nbed.nb.ca

Wela'lioq,
Mrs. Sweezey

